

2024 Jackson Varsity Invitational





Dear Athletic Director or Coach,

Jackson High School will be hosting the Jackson Invitational on *Friday, March 29th*. Team entries will be \$180.00 per school or \$100.00 per team. Teams that have been contacted and plan on participating in this year's meet will include: *Jackson, South Gallia, River Valley, Beaver Eastern, South Webster, Coal Grove(Girls Only), Vinton County, Minford, Waverly, Piketon, and New Lex (11 Teams).* A few more teams may be added to this list the closer we get to the start of the season. Trophies will be awarded to the top teams and medalists, as well as medals and ribbons for individual athletes placing in the top six places of each event. Our track & field complex is located at Jackson Middle School. The admission price will be \$7.00 for all spectators. Concessions will be available near the entry gate.

Two athletes per team will be allowed in each event. *Pole vault will not be held*. All events will be run as time finals. Field events will begin at 4:30 with first call beginning at 4:15. A coaches meeting will be held at 4:10. Team entries will be entered on www.baumspage.com. Please refer to this site for entry deadlines.

Please contact me by email (ajones@jcs.k12.oh.us) with any questions or concerns. Contracts will be available on DragonFly. We look forward to seeing you on March 29th, and good luck this season!

Adam Jones

Curtis Lindner

Jackson Track & Field

TEAM DROP-OFF/PICK-UP: Most years teams enter our facility through the main entrance of the track, but this year we will be operating a little differently. Team drop-off will take place on the opposite side of the main entrance on Dickason Street, this is the gate next to the shot put area. There will be a coach/administrator there to instruct bus drivers where to park after the athletes are dropped off. At the end of the meet your buses can pick your athlete's up at the main entrance. The reason for the change in drop-off procedures is due to the fact that we are trying to limit the amount of people entering the entrance of the facility at once. If you have been to our facility at the beginning of our meets, our entrance area tends to be a little chaotic, and this will help cut down on the traffic coming through this area.

TEAM CAMPS: Team camps will be located behind the bleachers next to the location of our old Long Jump Pit. Signs will designate where team camps can be set up. Most years we place our team camps on the hill next to the parking lot, but again we are trying to cut down on traffic in that area of the track. Bathrooms will be available to the athletes, but not locker rooms. When you are leaving the track please try and clean this area up as much as possible. I would also inform parents that there will be limited seating available and it would be a good idea to maybe bring chairs to sit in along the fence and hillside.

Event List

<u>Field Events-</u> field events will start at 4:30 with first call taking place at 4:15. At the conclusion of girls high jump and boys long jump we will immediately make the first call for girls long jump and boys high jump. At the conclusion of girls discus and boys shot put we will immediately make first call for girls shot put and boys discus.

Girls High Jump

Boys Long Jump

Girls Long Jump

Boys High Jump

Running Events- Running events will start at 4:45 with first call taking place at 4:30.

All events will be ran as finals.

4x800G	800G
4x800B	800B
100H	200G
110H	200B
100G	3200G

100B 3200B

4x200G 4x400G

4x200B 4x400B

1600G

1600B

4x100G

4x100B

400G

400B

300HG

300HB